

SYMPTOMS:

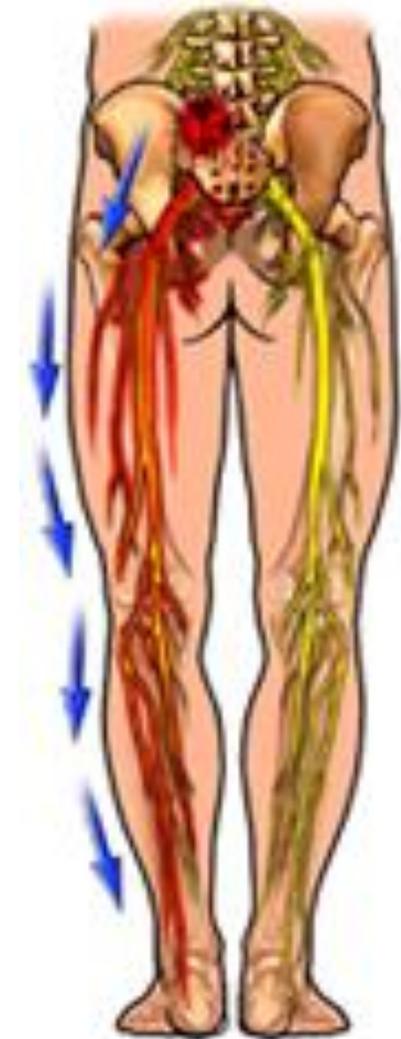
- Pain in the rear or leg that is worse when sitting
- Burning or tingling down the leg
- Weakness, numbness or difficulty moving the leg or foot
- A constant pain on one side of the rear
- A shooting pain that makes it difficult to stand up
- Low back pain may be present along with the leg pain, but usually the low back pain is less severe than the leg pain

GRIMM CHIROPRACTIC

6408 King Hill Ave.
St. Joseph, MO. 64504
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Grimm Chiropractic

SCIATICA



It Feels Good to Feel Good!

DEFINITION

Sciatica is defined as pain that radiates from the lower back into the buttocks and down the back of one or both legs, caused by the irritation of the sciatic nerves, the largest nerves of the body. It usually begins as an acute pain in the lower back and then radiates down the back of either or both legs. There are 5 pairs of nerves that exit the spine in the lower back. These nerves make up what we know as the sciatic nerves. If the vertebrae or bones in the lower back are misaligned or out of place; or the disc between the vertebrae are swollen, bulged or herniated, the result is pressure on those nearby nerves. This can cause tremendous pain and normal daily activities become almost impossible.

TREATMENT

Chiropractic care works on correcting misaligned or out of place vertebrae and can remove the pressure placed on the sciatic nerve, reducing pain and improving flexibility and function. To see if chiropractic may be able to help you call (816) 238-1200 today.

Other conditions that may be helped by chiropractic:

- Ear Infection
- Carpal Tunnel
- Headache
- Bursitis
- Knee Pain
- Shoulder Pain and more....

GRIMM CHIROPRACTIC

(816) 238-1200

Dr. Rob Grimm

Dr. Ron Gabbart

Mon – Fri: 9:00 – 6:00

Saturday: 9:00 – 12:00